



# TRAINING NEEDS ANALYSIS (TNA)

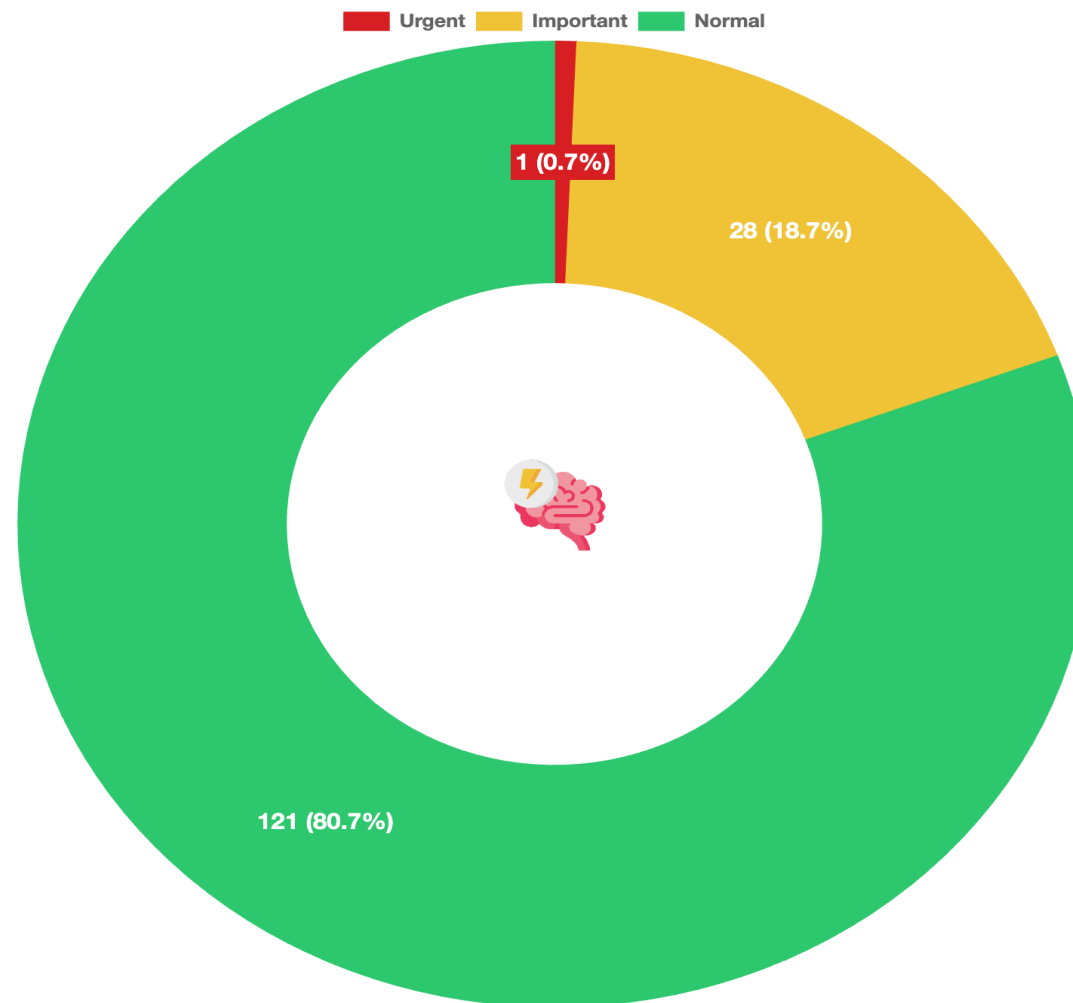
- STRESS MANAGEMENT
- LEADERSHIP SKILLS
- EMOTIONAL INTELLIGENCE
- TEAM WORK
- WORK ETHIC
- COMMUNICATION SKILLS
- SPORT ACTIVITIES
- POSITIVE ATTITUDES
- PROBLEM SOLVING
- CRITICAL THINKING
- DECISION MAKING
- TIME MANAGEMENT
- ACHIEVEMENT MOTIVATION
- MUSIC & ART SKILLS



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SAMPLE  
Stress Management

Population  
150

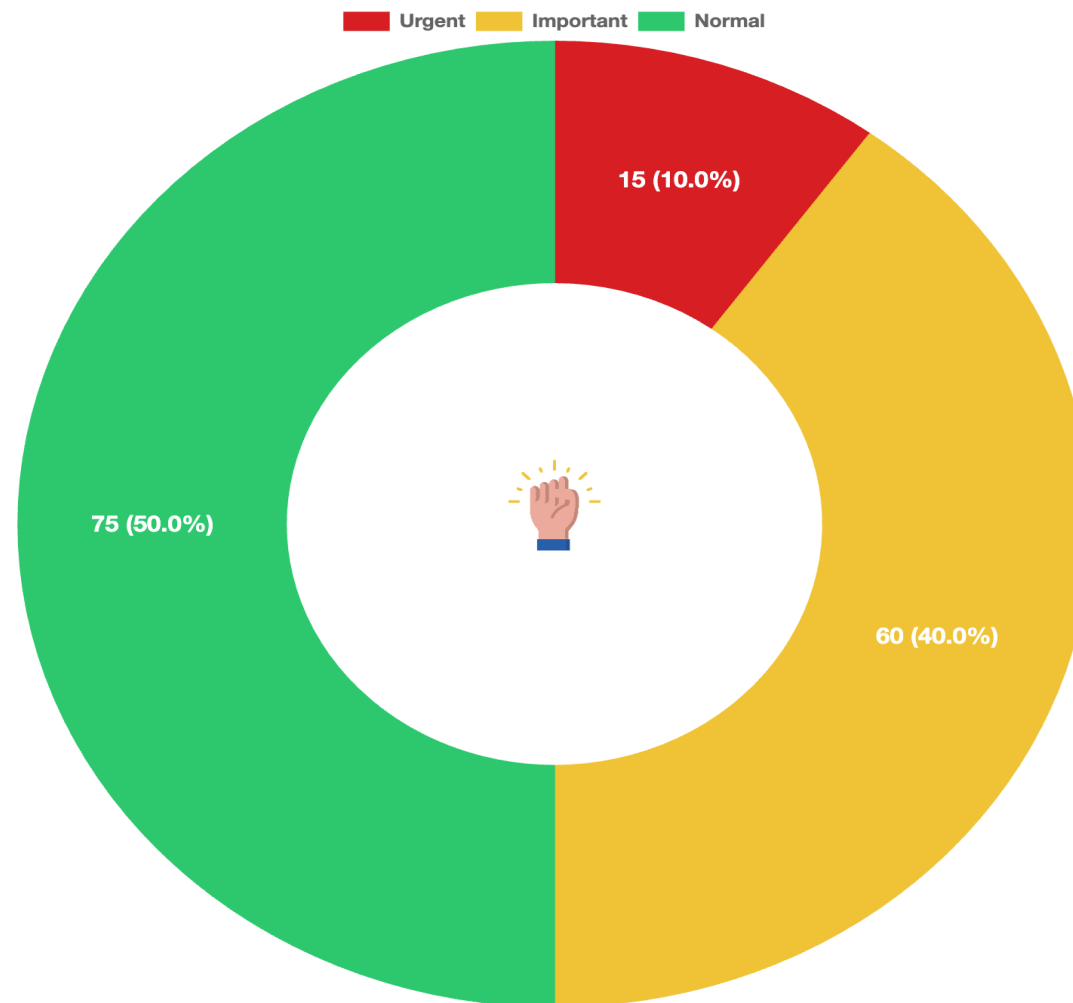


**Training Goals:**

Improve your ability to manage feelings of stress due to workload; including managing habits of excessive worry, overthinking, and excessive suspicion of others.

SAMPLE  
Leadership Skills

Population  
150



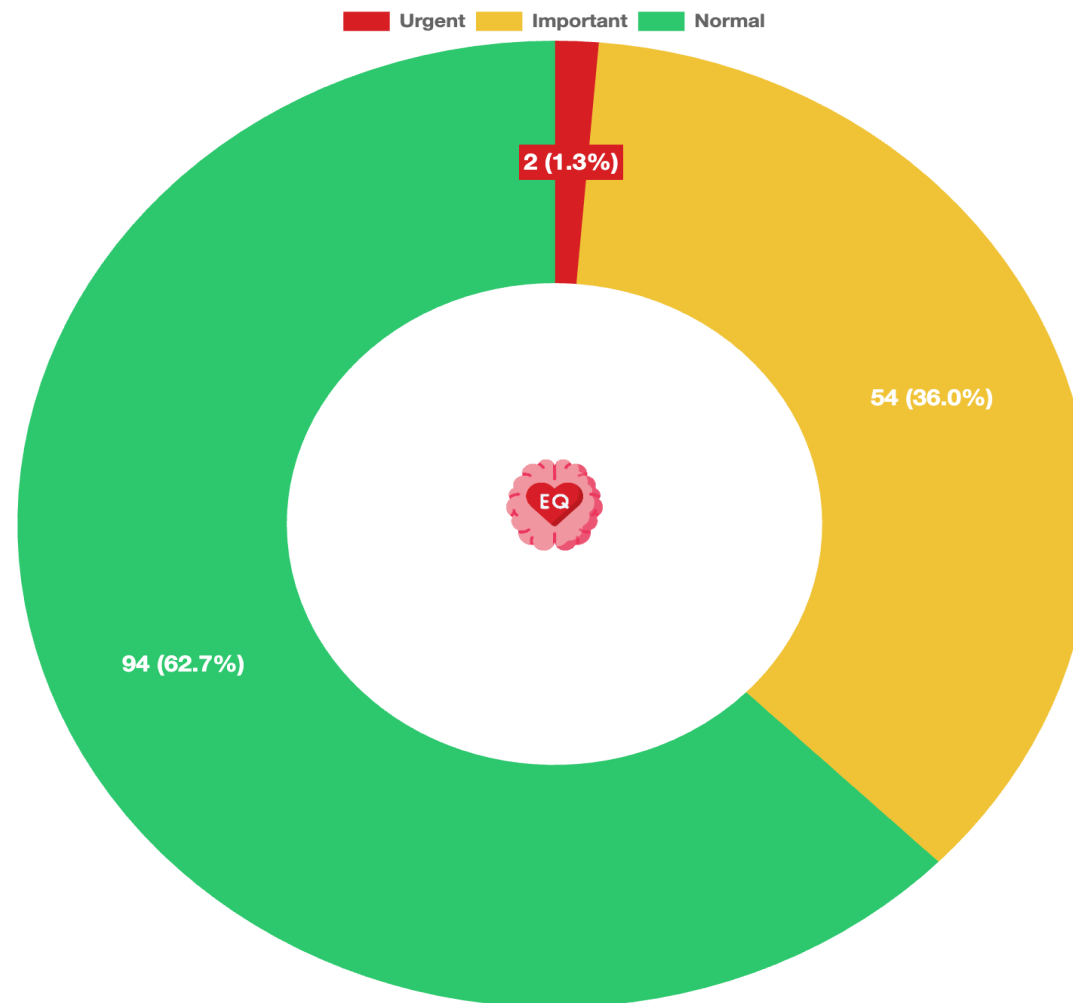
**Training Goals:**

Enhance the ability to take initiative in problem solving & increase assertiveness when commanding and dealing with conflicts

SAMPLE

## Emotional Intelligence

Population  
150

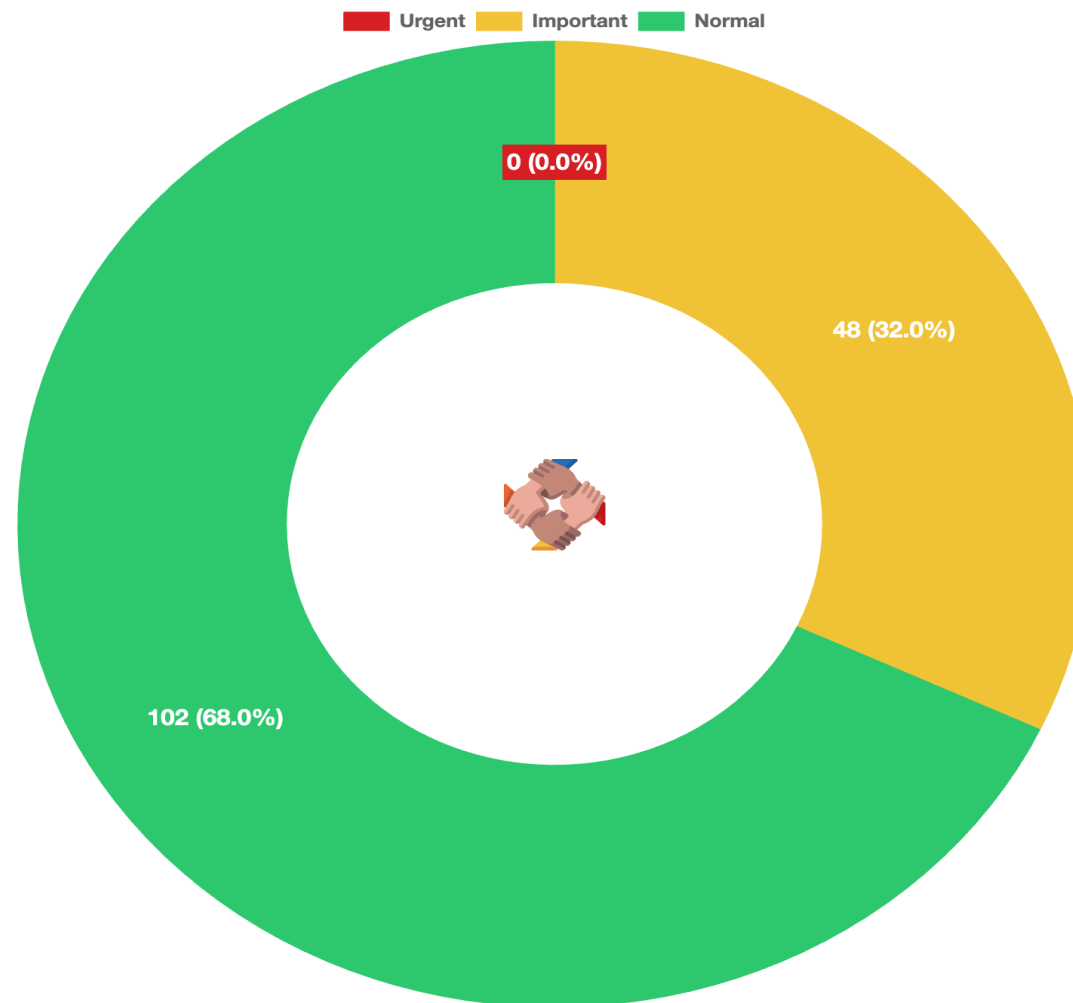


### Training Goals:

Improve your ability to regulate emotions to achieve a goal and increase your sensitivity in reading emotions and respect for the person you are talking to/people around you.

SAMPLE  
Team Work

Population  
150

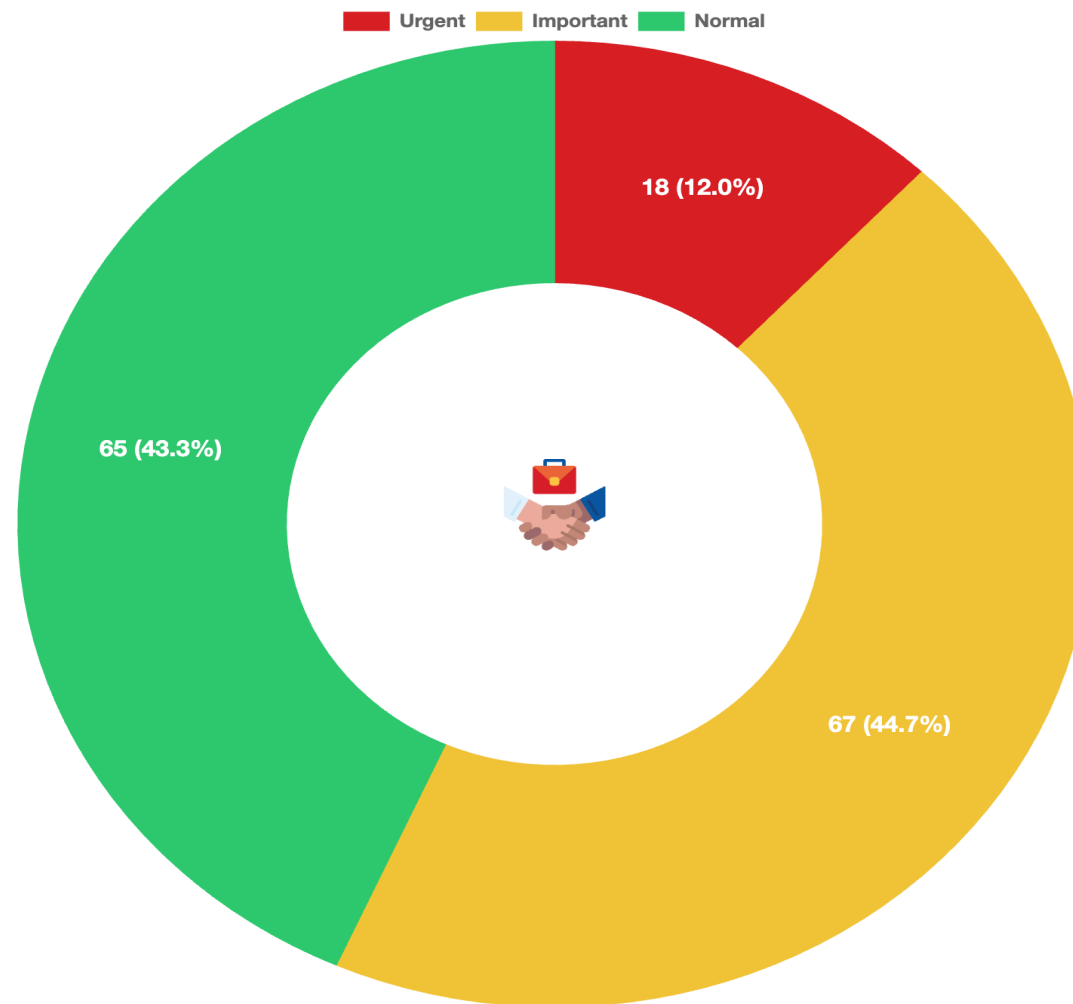


**Training Goals:**

Enhance teamwork efforts and proactivity to build a solid and highly motivated work team to achieve common goals.

SAMPLE  
Work Ethics

Population  
150



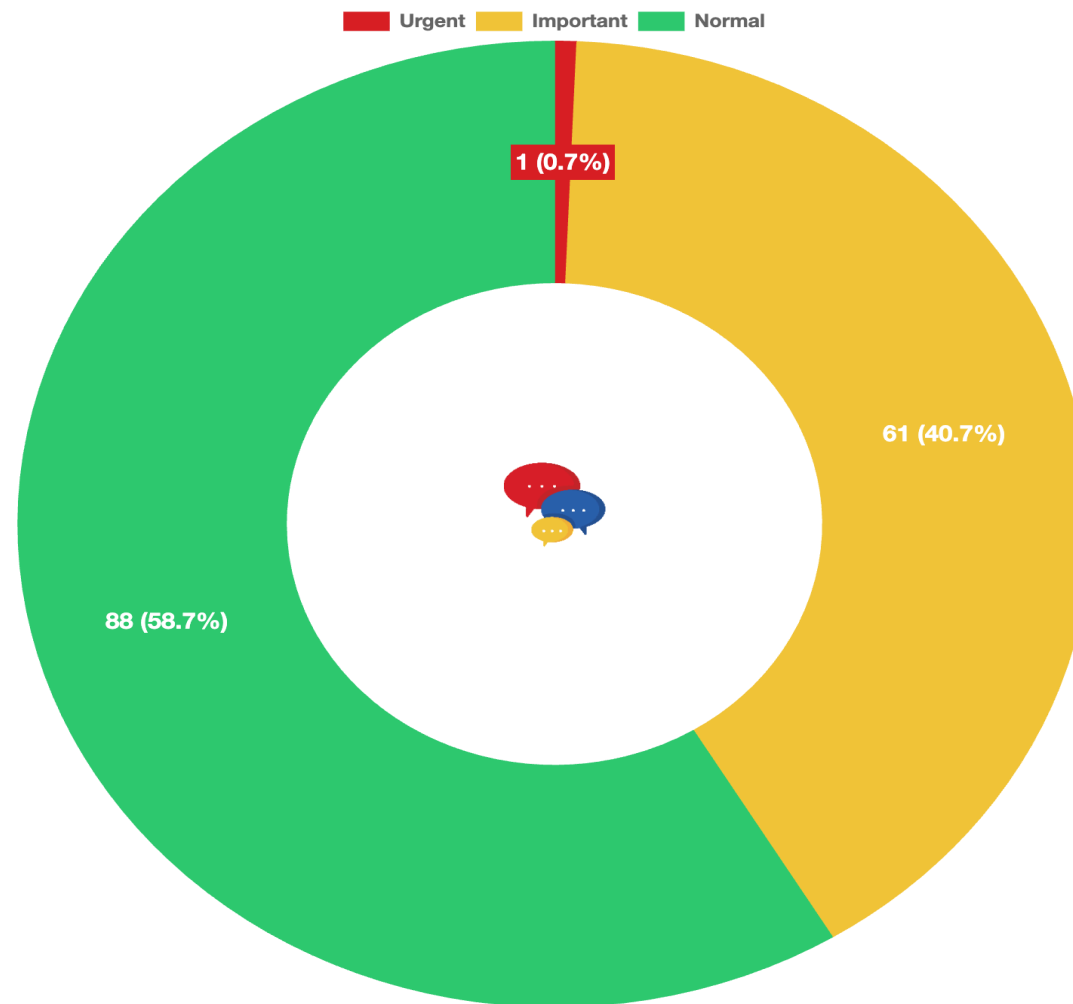
**Training Goals:**

Develop intuition of ethical and moral value standards; develop mindset and behavior based on ethical and moral compass in daily life.

SAMPLE

## Communication Skills

Population  
150

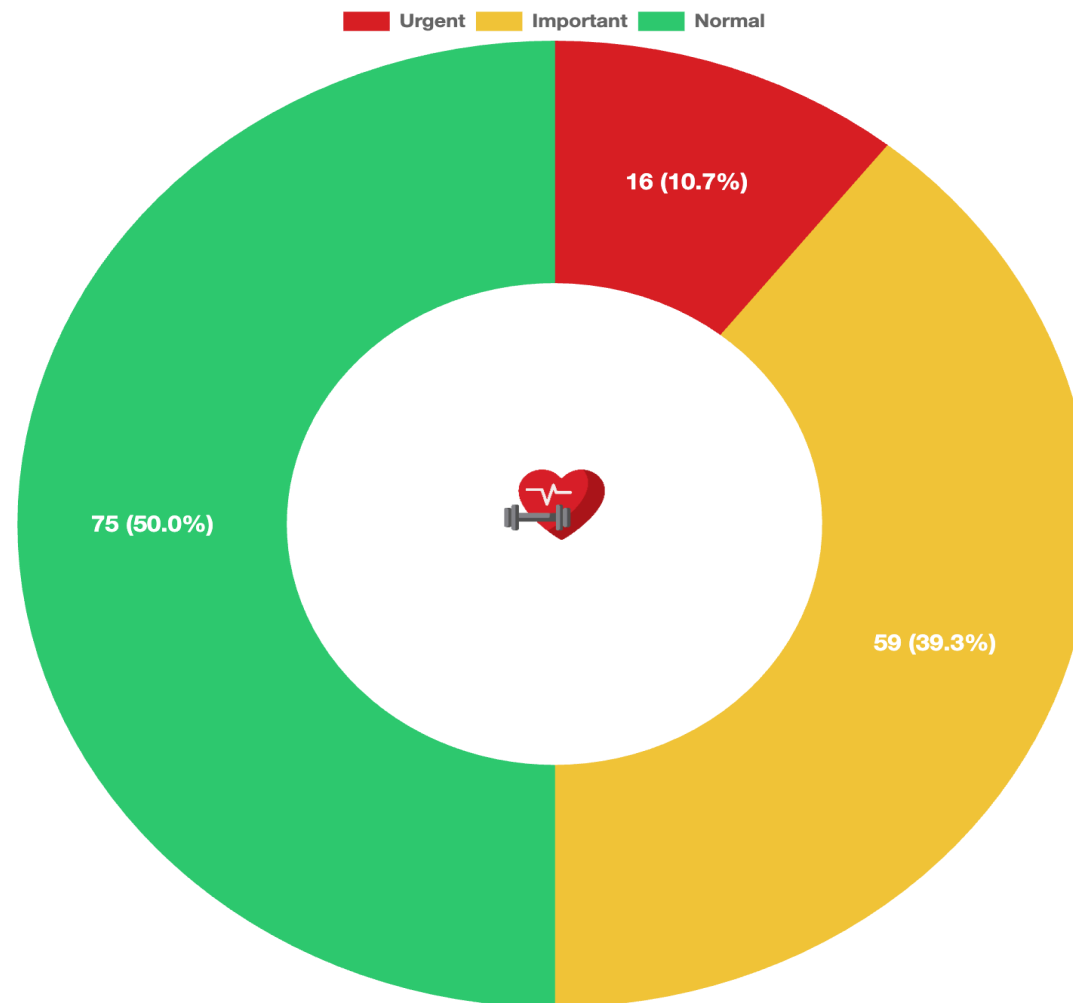


### Training Goals:

Improve persuasive communication, public speaking and negotiation skills.

SAMPLE  
Sport Activities

Population  
150



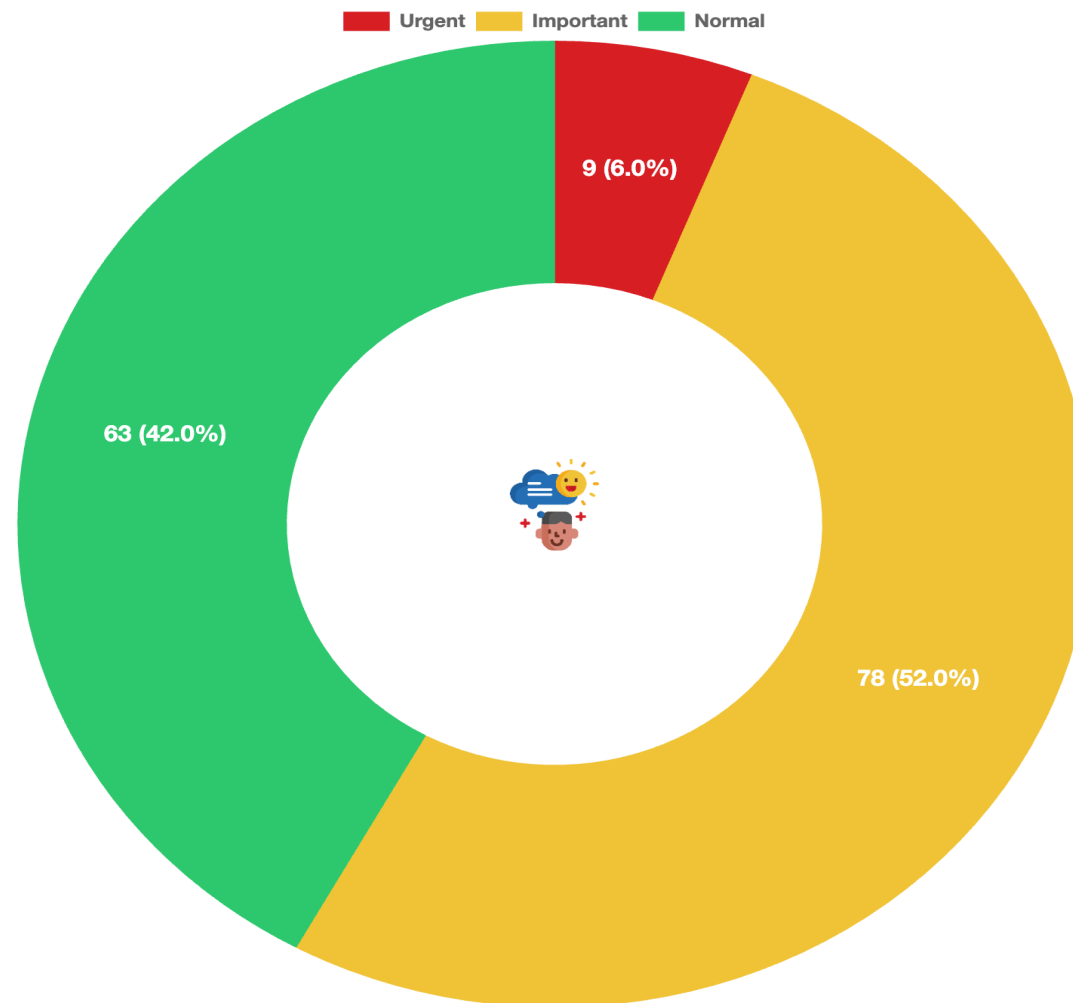
**Training Goals:**

Maintain regular fitness through consistent exercise activities.



SAMPLE  
Positive Attitudes

Population  
150

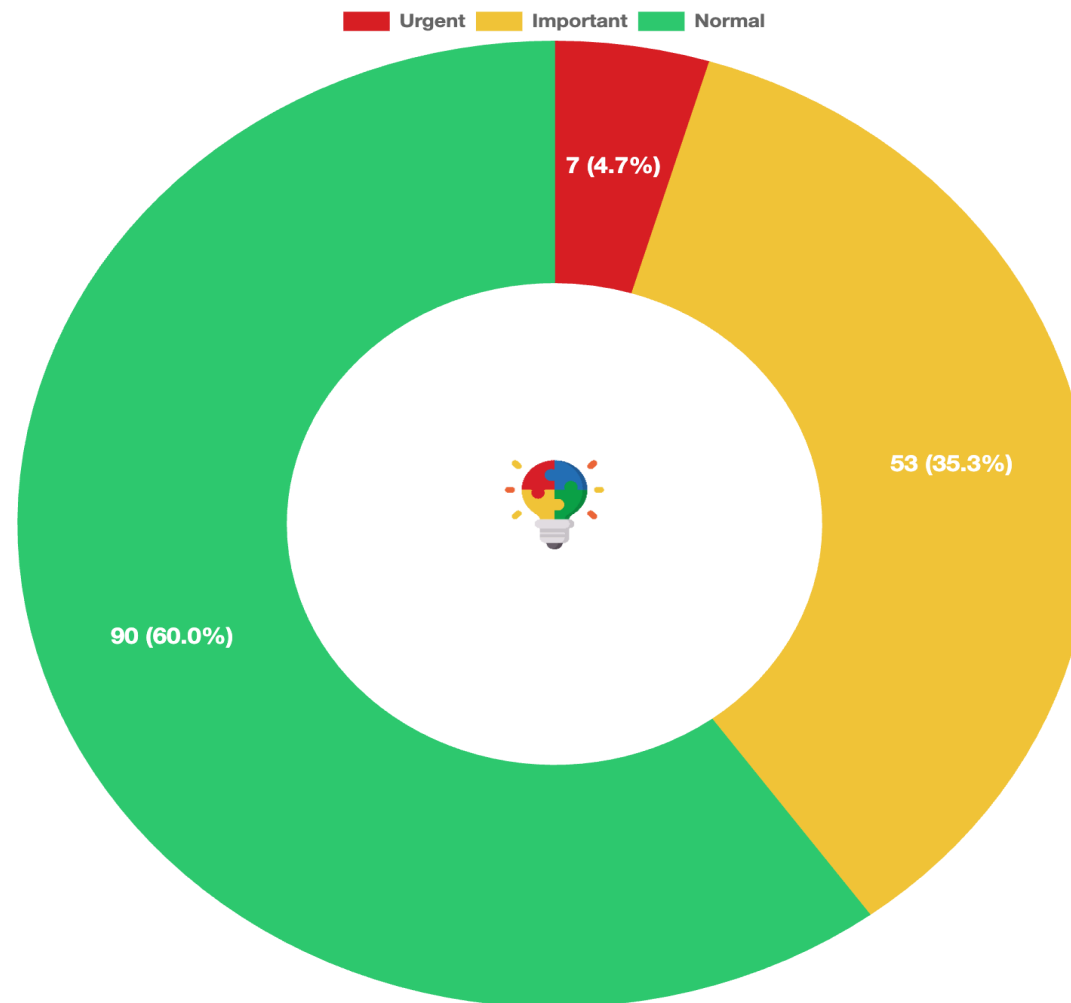


**Training Goals:**

Improving the ability to have better social relations when disagreeing, being respectful towards people around you and social norms, and avoiding attitudes that make it easier to get around the rules.

SAMPLE  
Problem Solving

Population  
150

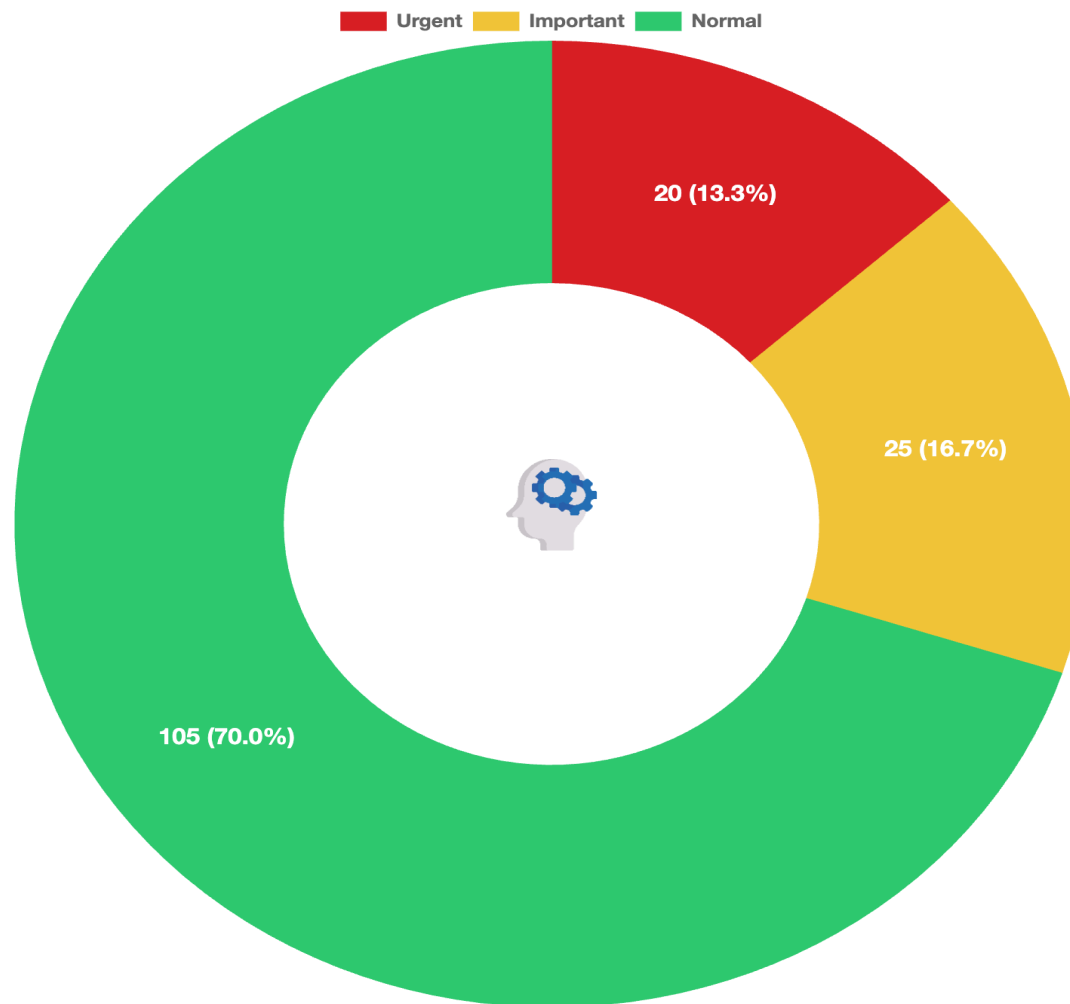


**Training Goals:**

Enhance analytical & structured problem solving skills; and sensitize to problem solving responsibilities.

SAMPLE  
Critical Thinking

Population  
150

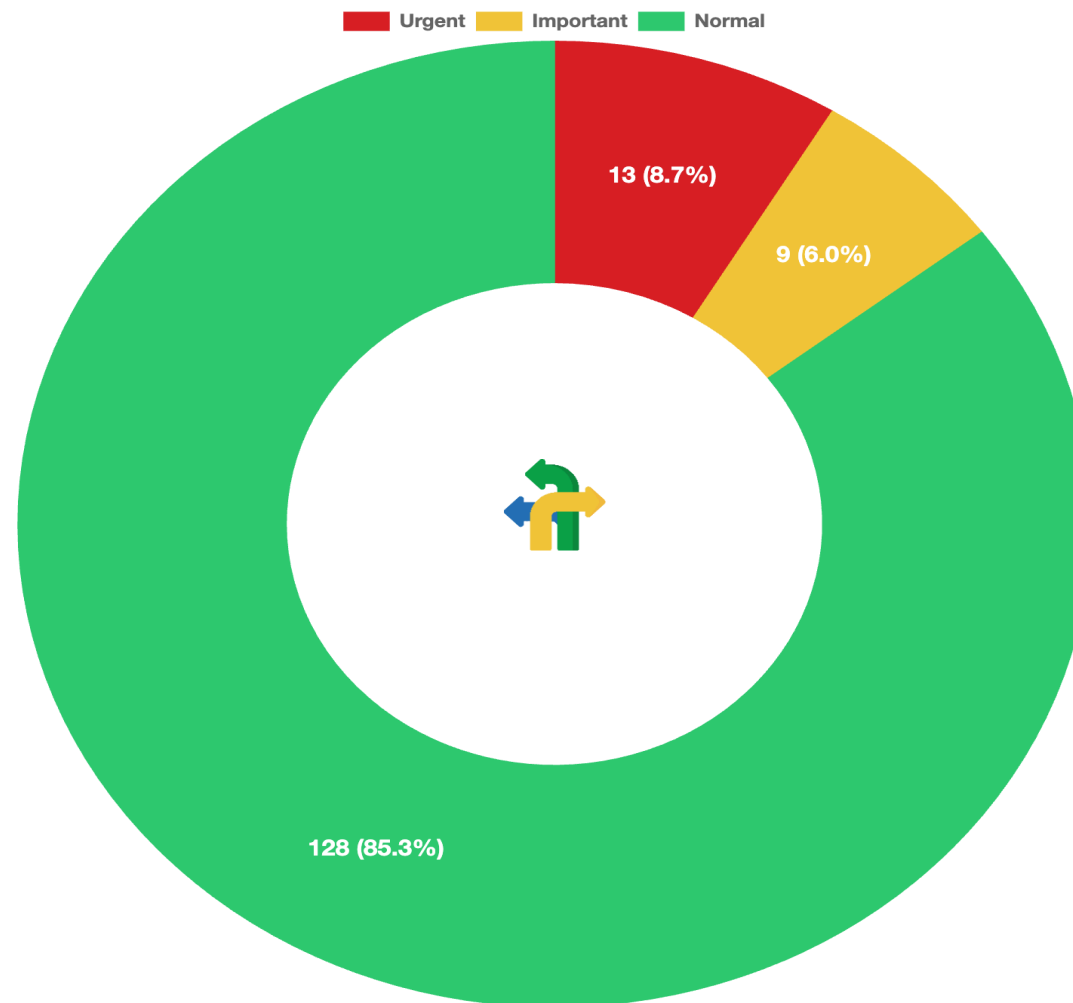


**Training Goals:**

Develop insights, strategies, and methods to develop critical thinking and problem-solving skills in order to work more productively.

SAMPLE  
Decision Making

Population  
150

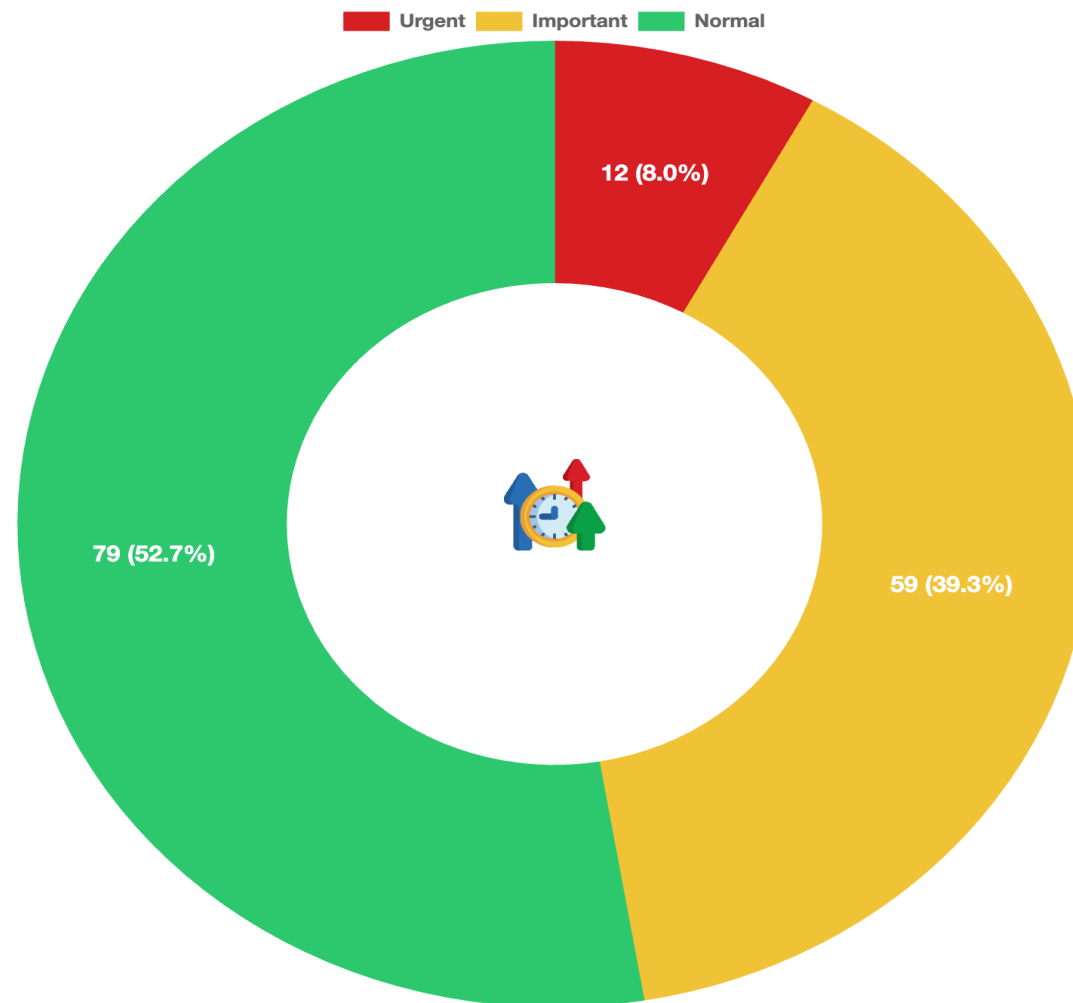


**Training Goals:**

Increase the sensitivity of decision making objectively, rationally, but still quickly; avoid hasty attitudes in decision making and attitudes that do not consider long-term decisions taken.

SAMPLE  
Time Management

Population  
150



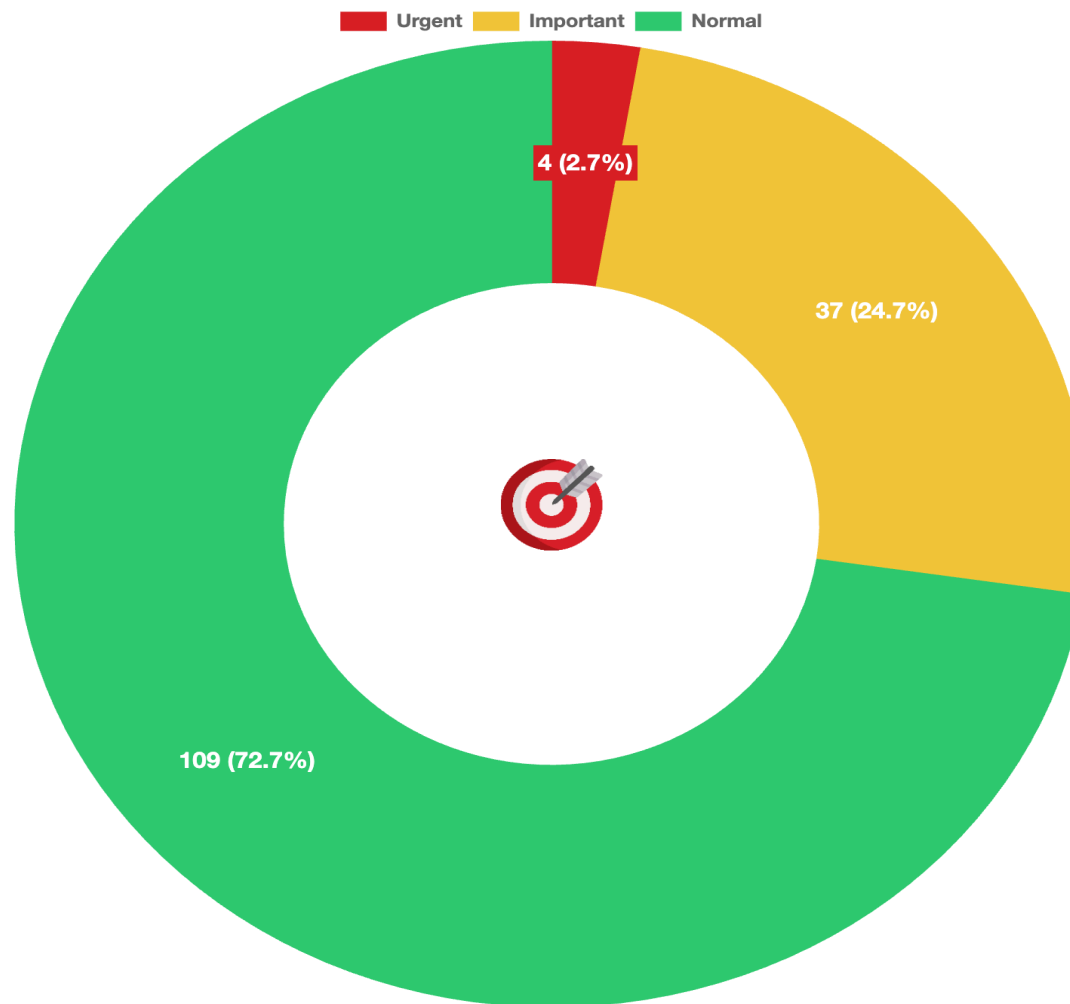
**Training Goals:**

Improve your ability to manage time effectively; and discipline yourself not to procrastinate and motivate yourself to work more effectively.

SAMPLE

## Achievement Motivation

Population  
150



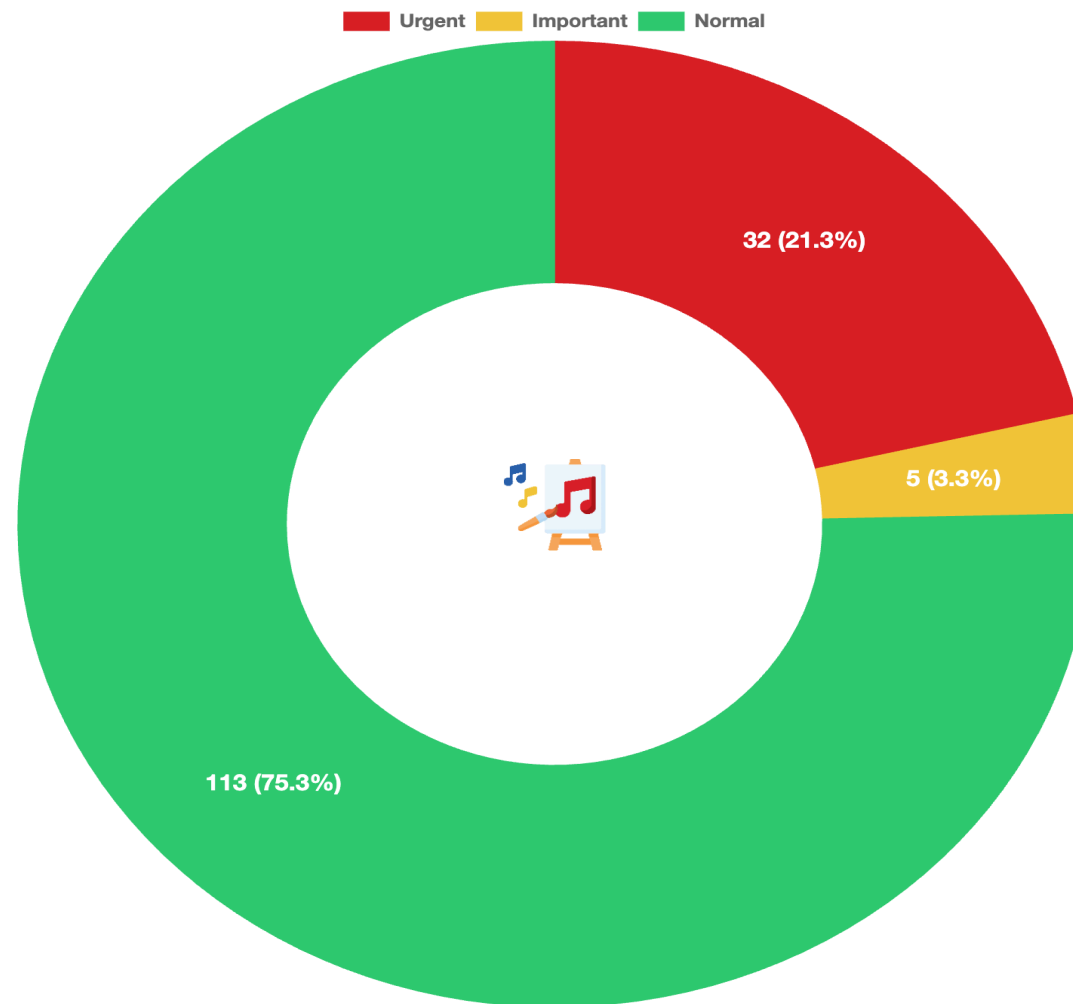
### Training Goals:

Develop a competitive attitude and the habit of working with high work standards, as well as an attitude of not giving up easily because of a challenge.

SAMPLE

## Music & Art Skills

Population  
150



### Training Goals:

Channeling artistic talent through art appreciation activities or improving artistic skills by sharpening them regularly.

SAMPLE

# Summary

Population  
150

